



## FOOD ASSISTANCE HOTLINE

To help people who are in quarantine with COVID-19 and are in need of food assistance, the County has established a new hotline. People in need of help can call (914) 995-5566 from 9 a.m. to 5 p.m. Monday through Friday.

### SUNY PURCHASE TEST SITE

In addition, to address the need for testing, Governor Hochul has announced that SUNY Purchase will be operational as a COVID testing site.

Testing at SUNY Purchase will take place at the school's Performing Arts Center, 735 Anderson Hill Road, Purchase. There will be both appointment and walk-in testing availability. Testing is set to begin there on Friday, Jan. 7. The SUNY Purchase test site will operate from 8:30 a.m. to 4 p.m. You can book an appointment online at https://bit.ly/3Gh5IXr

### **NEW QUARANTINE GUIDANCE**

Also, the State as released updated interim guidance on isolation and quarantining. The full guidance is available online at https://on.ny.gov/3HFe3Ey

### Of note in this guidance:

If exposed to COVID-19, quarantine as follows, where day 0 is the last date of exposure:

• If not fully vaccinated or fully vaccinated and eligible for a booster but not yet boosted, quarantine for 5 days and wear a well-fitting mask while around others for an additional 5 days.

- If fully vaccinated and boosted (with the booster at least 2 weeks before the first date of exposure) or not yet eligible for a booster, no quarantine is required but these individuals should wear a well-fitting mask while around others for 10 days after the last date of exposure.
- If possible, test at day 5 with either a PCR or antigen test.
- If symptoms appear, quarantine and seek testing. In this situation, quarantine would end when the test is negative. If testing is not done, isolate according to the guidance above.

## For isolation and quarantine if you have COVID-19:

- Isolate for 5 days, where day 0 is the day of symptom onset or (if asymptomatic) the day of collection of the first positive test.
- If asymptomatic at the end of 5 days or if symptoms are resolving, isolation ends and the individual should wear a well-fitting mask while around others for an additional 5 days.
- Individuals who are moderately-severely immunocompromised should continue to follow standard (i.e., not shortened) Isolation Guidance.
- Individuals who are unable to wear a well-fitting mask for 5 days after a 5-day isolation should also follow standard (i.e., not shortened) Isolation Guidance.

## Westchester County Board of Health to Recognize Adult and Youth Volunteers

The Westchester County Board of Health is now seeking nominations for the 2022 Public Health Service Awards. The Board wants to recognize adults, young people and not-for-profit programs whose volunteer efforts have demonstrated creativity and compassion in response to the enduring COVID-19 pandemic, and who have helped improve public health in Westchester.

The Board encourages community leaders, healthcare professionals, educators and residents to nominate worthy people or programs by February 8 using the nomination forms at https://health.westchestergov.com/news/public-health-awards

"Adults, teenagers and organizations have been inspired to help our community in innovative ways during this prolonged COVID-19 pandemic," said Robert Baker, MD, president of the Westchester County Board of Health. "This year, the Board again would like to salute these extraordinary people and programs. By highlighting their volunteerism, we hope to inspire others to promote and protect public health in Westchester."

The Dr. Harold Keltz Distinguished Public Health Service Award is presented annually to a person or community-based organization, whose efforts have made an extraordinary contribution to the public health of Westchester residents, but who is not professionally engaged in public health work.

**The J.R. Tesone Youth Public Health Service Award** is an annual award to a student up to age 21 for his or her creative contribution to public health in Westchester. The award was created in 2014 in memory of J.R. Tesone, a Board of Health member with a lifelong commitment to Westchester County children.

The Board also will highlight the compassion, creativity and commitment demonstrated by a select group of nominees, who will be named **Public Health Honorees**.

These awards will be announced and presented in April to spotlight National Public Health Week, and the honorees and their achievements will be featured on the Health Department's web pages.

### Your Response Requested: Westchester County Department of Planning: Post-COVID-19 Employer Survey (Transportation/Remote Work)

The Westchester County Planning Department's COVID-19 Employer Survey will be closing on **Friday**, **January 7th**, **2022**. If you have yet to take this survey, and you are a leader or representative who can answer questions regarding whether your organization has adopted remote work policies in response to COVID-19, and how such remote work policies have impacted workspace needs and commuting practices, your participation would be greatly appreciated. The survey should take no longer than 10 minutes to complete.

## To take the survey click here.



## WESTCHESTER COUNTY PARTNERS WITH HELPSY TO EXPAND THE COUNTY'S TEXTILE RECYCLING PROGRAM

In December 2021, Westchester County's Department of Environmental Facilities (DEF) partnered with HELPSY, a Certified B Corporation with warehouse space in White Plains, to expand the County's existing textile program at the Household Material Recovery Facility (H-MRF) in Valhalla.

In addition to clothing, the expanded textile recycling program now provides residents the opportunity to recycle shoes, sneakers, slippers, boots, backpacks, purses, duffle bags, gloves, sheets, towels, blankets, curtains, leather, throw rugs, pet clothing, and more. The items can be in any condition (torn, worn, stained, broken zippers, etc.) as long as they are clean, dry, and odorless. A full list of accepted items can be found online at: https://environment.westchestergov.com/residents/recycling-guidelines/textiles

Residents can dispose of their textiles and other hard-to-get-rid-of household waste by making a convenient appointment with the County's Household-Material Recycling Facility (H-MRF), 15 Woods Road, Valhalla. The H-MRF is open Tuesday through Saturday from 10 a.m. to 3 p.m. by appointment only. For more information about the H-MRF, or to make an appointment today, visit https://environment. westchestergov.com/facilities/h-mrf or call (914) 813-5425.

For more information on Westchester County Department of Environmental Facilities' initiatives visit <u>https://environment.westchestergov.com</u> or call the Recycling Helpline at (914) 813-5425

# Call to Make Westchester County Parks Group Picnic Reservations for the 2022 Season

Group picnic reservations are now open for the 2022 season. Due to an abundance of caution, reservations are only available by phone: (914) 231-4575, Monday through Friday from 10 a.m. to 4 p.m.

Picnicking, including outdoor pavilions, is allowed at the following parks:

- Blue Mountain Reservation, Peekskill
- Croton Gorge, Cortlandt
- Croton Point Park, Croton-on-Hudson
- George's Island Park, Montrose
- Glen Island Park, New Rochelle
- Kensico Dam Plaza, Valhalla
- V.E. Macy Park, Ardsley
- Ridge Road Park, Hartsdale
- Saxon Woods Park, White Plains
- Sprain Ridge Park, Yonkers
- Tibbetts Brook Park, Yonkers
- Ward Pound Ridge Reservation, Cross River
- Willson's Woods Park, Mount Vernon



For more information, visit https://parks.westchestergov.com/group-picnicking-and-activities